

Scott's Thoughts

January 18, 2026



“Do not cast me off in the time of old age; forsake me not when my strength is spent.” (Psalm 71:9, ESV) “So even to old age and gray hairs, O God, do not forsake me, until I proclaim your might to another generation, your power to all those to come.” (Psalm 71:18, ESV)

Age is something we will all have to deal with. For my grandchildren, it was getting to the age that they did not have to use a car seat. For my grandson, he looks forward to his next birthday, at that time he will break into his teen years. To him, it marks the end of him being viewed as a little kid. Changes are coming that he cannot see. Will those changes make or break him? As he enters his teen years, he will have an increase in freedom but will also have an increase in responsibility. At some point he will leave home and start a family of his own. That will bring thoughts of, “I’m now an adult and finally I can do what I want.” It sounds good, doesn’t it?

In each step along the path of life our abilities grow or diminish but the change is absolutely there. I have become well aware of life changes. In my late teens, (1967) fall came and school started. I watched the school buses as they carried children to school as I went to my job not to study but to work. The next change was when I entered the Navy. Three years later Ava and I would be married. Eventually three daughters would bless our home. Then, one by one, they would all go off to college to follow their own changing life.

I am now dealing with old age. I have enjoyed each phase of my life, but this one is easily the most challenging. I’m just past my mid 70’s and up until two years ago I felt like I could do anything I wanted to do. Now I still have plenty that I want to do, but my body just keeps refusing to allow me to do much of anything. Recently I became involved in a project that at one time I was able to handle without any trouble. But after looking long and hard at the project I decided it was now beyond my abilities. In this process I have caused a number of people to spend their time trying to help me with that project. I appreciate them for all their help and advice, but I deeply regret causing them so much work.

Every stage of life has its blessings and its challenges. As I have moved from one stage of life to the next, old age has been the greatest challenge of all. So, at this point in my life I need to back away from physical labor and spend more of my time doing my best to teach the word of God.

“So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day.” (2 Corinthians 4:16, ESV)

Thanks for listening and keep on shining

—Scott